

Show Me Healthy Women

In the Know

2010 ACS Estimates:

The American Cancer Society (ACS) estimated that in 2010, approximately 31,160 Missourians would be diagnosed with cancer and about 12,620 would die of cancer. Breast cancer was second to Lung and Bronchus with approximately 3,880 new cases. Breast cancer ranked third for mortality rates with an estimated 860 deaths in 2010.

(www.cancer.org)

CDC News:

According to an article published on March 10th, the number of cancer survivors in the U.S. is growing! There are nearly 12 million cancer survivors in the U.S. according to new statistics from the Centers for Disease Control and Prevention. About half of these had either breast, prostate, or colorectal cancer and more than half are women.

(www.cancer.org)

Obesity Prevents Screening:

A review of cancer screening studies shows that white women who are obese are less likely than healthy-weight women to get the recommended screenings for breast and cervical cancer, according to researchers at the University of North Carolina at Chapel Hill's School of Public Health. This trend was not observed in African American women.

(www.aahs.org)

Fresh Faces

Tina Lear joined the Show Me Healthy Women team in February 2011. She has a diverse background in the health field, includ-



Tina and her husband, Brian

ing several years in hospital and clinical settings in various roles. Most recently, she worked for the state employees' health insurance plan. Tina will complete her Master of Health Administration in May. Her duties with SMHW will include development of informational materials, revising manuals, exhibiting at events, reviewing claims data, and collaborating with other programs.

Tina is married and has three children, ages 8, 5 and 9 months. She divides her free time between her daughter's pageantry, ballet and piano lessons, and her son's tee ball practice and games and horseback riding lessons. Her family loves to play board games, go camping, and attend St. Louis Cardinal ball games! Please join us in welcoming Tina to the SMHW team. You can contact her at 573.522.2841.

Go the Extra Mile

Are you looking for ways to:

Help your clients improve their health?

Provide lab work for total cholesterol, HDL, and glucose?

Learn healthy ways to cook for their families?

Get free tools like pedometers, exercise bands to help clients be physically active?

WISEWOMAN can help you do all of this and more!

If you are not already a WISE-WOMAN provider and would like more information, call 573.522.2840. Ask for Rita, Kathy or Jackie. We look forward to hearing from you!

News & Views

Spring/Summer 2011

Annual Provider Trainings

Schedule	Location
Thursday May 12 9:30am- 11:30am	Southeast District Office MO Dept of Health 2875 James Blvd Poplar Bluff, MO
Wednesday May 25 1:30pm- 3:30pm	Northeast MO Health Center Crown Center 1506 Crown Drive Kirkville, MO
Wednesday June 1 1:30pm- 3:30pm	Hannibal Regional Medical Group 6500 Hospital Drive Hannibal, MO
Friday June 3 9:00am- 11:00am	The Library Center Springfield-Greene Co Library Dist 4653 S Campbell Springfield, MO
Thursday June 9 9:00am- 11:00am	Christian Northwest Medical Center 1225 Graham Road Florissant, MO
Friday June 17 1:00pm- 3:00pm	Dept of Health & Senior Services 930 Wildwood Jefferson City, MO **WEBINAR ALSO AVAILABLE**
Wednesday June 22 12:30pm- 2:30pm	Clay County Public Health Center 800 Haines Drive Liberty, MO



New Address

The web address for SMHW recently changed:
<http://www.health.mo.gov/living/healthcondiseases/chronic/showmehealthywomen/index.php>

Staff e-mail addresses have also changed:
 first name.last name@health.mo.gov

New Edition

We are in the process of updating the Provider Manual for 2011-2012. If there are specific sections of the manual that you would like clarified, please contact your Regional Program Coordinator or the SMHW Office.

2011 Cancer Summit

The 2011 Cancer Summit, co-sponsored by the SMHW and Comprehensive Cancer Control programs and the Missouri Cancer Consortium, will be held April 19-21, 2011 at the Holiday Inn Select Executive Center in Columbia, MO.

The purpose of the Summit is to provide evidence-based information regarding comprehensive cancer control and offer

participants the opportunity to develop networks for future comprehensive cancer control collaboration efforts.

Medical professionals from throughout the state will present on various topics including prevention and early detection, tobacco control, genetics, palliative care, and women's issues. CBE training will be provided.

We encourage you to attend the 2011 Cancer Summit. A registration form is on the following page for your convenience.

Additional information can be obtained by calling 573.522.2841 or by e-mailing Susan.Thomas@health.mo.gov.

Show Me Healthy Missourians 2011 Cancer Summit Registration

April 19-21, 2011 Holiday Inn Executive Center Columbia, Missouri

Mail registration form and conference fee by April 9, 2011, to:

Missouri Department of Health and Senior Services, Attn: Fee Receipts, P.O. Box 570, Jefferson City, MO 65102-0570

Phone: 573-522-2845 Fax: 573-522-2899 E-mail: susan.thomas@health.mo.gov

Name _____

Title _____

Organization _____

Address _____

City _____ State _____ Zip _____

Daytime phone # _____ Fax # _____

E-mail address _____

Special accommodations or meals _____

Registration fees are to cover the meal charges per day and are based upon the days you will be attending the conference. Please check the days you will be attending and submit payment accordingly:

Day One - \$15 ☐ Day Two - \$30 ☐ Day Three - \$10 ☐ Total Enclosed \$ _____

Check the Concurrent Sessions you plan to attend to ensure adequate space is available.

Tuesday, 2:30-3:30 p.m.

☐ Cancer PLANET

☐ Colorectal Cancer

☐ Palliative Care

Tuesday, 3:45-4:45 p.m.

☐ Cancer PLANET

☐ Colorectal Cancer

☐ Palliative Care

Wednesday, 1:00-2:15 p.m.

☐ Patient Navigator

☐ Community/Agency Resources

☐ SMHW/WISEWOMAN Updates

Wednesday, 2:30-4:00 p.m.

☐ Patient Navigator

☐ Community/Agency Resources

☐ SMHW/WISEWOMAN Updates

Co-sponsored by the Missouri Department of Health and Senior Services; Comprehensive Cancer Control and Show Me Healthy Women programs and the Missouri Cancer Consortium

Funding was made possible by Grant #5U58DP000820-04 from the Centers for Disease Control and Prevention (CDC).



REGISTRATION INFORMATION: The registration fee includes all sessions and meals. Mail the registration form and fee (check, money order or cash) by April 9, 2011, to: Missouri Department of Health and Senior Services, Attn: Fee Receipts, P.O. Box 570, Jefferson City, MO 65102-0570.

FACILITIES: The conference will be held April 19-21, 2011, at the Holiday Inn Executive Center in Columbia, Missouri. A special room rate of **\$62.40 (plus tax)** is available for single or double occupancy. Call 573-445-8531 by April 9, 2011, to receive the special rate. Travel and lodging are the responsibilities of the attendee. Directions to the Holiday Inn Executive Center can be obtained by calling 573-445-8531 or at www.holidaycolumbia.com.

EXHIBITORS: If you would like to exhibit at the Show Me Healthy Missourians 2011 Cancer Summit, contact Susan Thomas at the Missouri Department of Health and Senior Services, 573-522-2845 or susan.thomas@health.mo.gov.

CONTINUING NURSING EDUCATION CREDIT: This continuing nursing education activity has been submitted for approval to the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CONTINUING SOCIAL WORK EDUCATION CREDIT: The Leukemia & Lymphoma Society (LLS), provider number 1105, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education Program (ACE). Approval period: 12/2008-12/2011. Social workers should contact their regulatory board to determine course approval. Social workers will receive 4 CE clock hours on Tuesday and 6 CE clock hours on Wednesday.

News & Views

Spring/Summer 2011